

MILLER'S GROCERY

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SPECIALS GOOD FOR 5 DAYS:
April 26, 27, 28, 30 & May 1, 1990

STORE HOURS: Monday through Saturday,
7:30 a.m. to 6 p.m.
We Reserve the Right to Limit Quantities

Shop Miller's Meat Market and SAVE!

| | | |
|---|--------------------------------------|---------------------------------|
| DECKER LUNCHEON MEAT 12 OZ. PKG. 99¢ | HORMEL-CHOPPED HAM \$1.59 | FRESH SWEET BREAD \$1.99 |
| DECKER BOLOGNA 12 OZ. PKG. 99¢ | MARKET SLICED BACON \$1.59 | FRESH BEEF LIVER 99¢ |
| DECKER SALAMI 12 OZ. PKG. 99¢ | PORK ROAST \$1.39 | CHUCK STEAK \$1.99 |
| | ARMOUR CHICKEN NUGGETS \$2.49 | CROWN ROAST \$1.89 |
| | | RIB CHOPS \$2.59 |
| | | RIB STEW MEAT \$1.99 |
| | | CHUCK ROAST \$1.89 |

Regular \$1.79, Mrs. Bairds Deluxe

PECAN ROLLS

99¢

1-1/2 Lb. Size, Mrs. Bairds Regular or Ex-thin Loaf

BREAD

99¢

6 Pak Cans, Frostie, Cherry RC, Diet Rite Cola or

RC COLA

\$1.25

13 Oz. Bag, Red & White Brik

COFFEE

99¢

5 Lb. Bag, Red & White

SUGAR

\$1.79

22 Oz. Size Liquid Detergent

DAWN

99¢

24 Ct. Case, Regular or Light

MILWAUKEE'S BEST

\$6.50

Totino's Frozen

PIZZAS

99¢

Lb. Quarters, Imperial

MARGARINE

2/\$1

GROCERY ITEMS...

MIX OR MATCH, RED & WHITE CUT GREEN BEANS, FRENCH STYLE BEANS, SLICED BEETS, SLICED CARROTS OR WHOLE KERNEL CORN

VEGETABLES 5 CANS / \$2

12 PAK N/R BOTTLES MILLER GENUINE DRAFT BEER **\$5.49**

7-1/4 OZ. BOX, KRAFT DINNER MACARONI & CHEESE **59¢**

QUART JAR, KRAFT MAYONNAISE **\$1.79**

28 OZ. BOX, ADOLPHUS RICE **89¢**

16 OZ. BOX, RED & WHITE ANGEL FOOD CAKE MIX **\$1.29**

JUMBO ROLL SPARKLE TOWELS **69¢**

6 OZ. CANS, PURINA PREMIUM CAT FOOD **4/\$1.00**

15 OZ. BOTTLE, DISINFECTANT PINE-O-PINE **\$1.39**

HOME LAUNDRY BOX DETERGENT CHEER **\$5.99**

1/2 GALLON, BLUE BELL LIGHT ICE CREAM **\$1.99**

BLUE BELL 24 PAK BULLETS, 12 PAK MOO BARS OR 12 PAK SUGAR FREE FUDGE BARS FROZEN SNACKS **\$1.55**

REGULAR \$1.39 BAG, LANCE POTATO CHIPS **99¢**

BOX, MICROWAVE POP CORN JIFFY POP **99¢**

DAIRY DEPT.

16 OZ. PLASTIC CTN, OAK FARMS JUNGLE JUICE **4/\$1**

QUART BOTTLE, KRAFT ORANGE JUICE **\$1.29**

16 OZ. PKG., KRAFT LONGHORN STYLE CHEESE **\$3.59**

1/2 Gallon Oak Farms

BUTTERMILK

\$1.19

Fresh Florida Vine Ripe

TOMATOES

3 LBS. / \$1

PRODUCE...

FANCY RED DELICIOUS APPLES 3 LB. BAG / **99¢**

FRESH TEXAS GREEN CABBAGE **15¢**

US #1 EAST TEXAS YAMS **49¢**

FRESH CANTALOUPE **69¢**

CELLO PAK MUSHROOMS **99¢**

Raider Review

The Raider Review is published by the Journalism Department of Rice High School, and the opinions reflected are of the students and not the administration, or The Eagle Lake Headlight, unless so stated.

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Who's zat?

By LAREINA PENCE

"No way mom, I ain't ready to clean up yet!" This adorable, mud-caked face had few people fooled. The only clue given was that he was a Junior.

Several students, such as, Kori Klein, Jerry Cano and Shelly Slawinski saw these big bright eyes and were convinced that it had to be Brent Mathis. Marcus York was another who didn't clean up this little guy's act when he guessed Wade Satsky.

However, with these wrong guesses, there were a whole bunch of correct guesses. Dustin Hengst, Brent Mathis, Romaldo Cardenas, and Anita Dancy all knew that this mud-speckled face belonged to Jamie Wesselski. Jamie is the son of Frank and Florence Wesselski of Garwood.

'Teachable Moments' Another step closer

Did you know the average age in which children first try alcohol or marijuana is 12? Think about it.

Did you know that one to three marijuana joints daily produce lung damage and cancer risks comparable with smoking five times as many cigarettes? This is for your information.

If you have a drug or alcohol problem or know someone who does and you want help, you can call the Colorado Valley Council on Drug and Alcohol Abuse, Inc. They have a 24 hour hotline, 409-968-9585 and a Teen Help Line 409-968-9586. Please call, someone does care.

By HEATHER ABEL

On Wednesday, April 17, at 7:45 a.m. in the commons, the Seniors finally received their caps and gowns. The eagerly anticipated arrival of the caps and gowns takes the Seniors one step closer to graduation, which is May 31. Graduation means saying goodbye to teachers and classmates, but it also means the beginning of a new and exciting life, which is what makes receiving the caps and gowns so momentous to the Seniors.

Balfour sold the caps and gowns to the Seniors for \$15.00. Now the Seniors must anxiously wait for the final step, graduation.

All meals served with milk.

Thursday, April 26: beef and cheese enchiladas, baked beans, cole slaw, ambrosia, crackers.

Friday, April 27: deli turkey sandwich, fried veggies, cut lettuce, pickle spears, banana pudding.

Monday, April 30: fiesta sticks with chili and cheese sauce, pinto beans, chunky salad, chiquita banana, creola cornbread.

Tuesday, May 1: roast beef, rice and gravy, seasoned green beans, chilled pears, Bonnie Don omelets, hot rolls.

Wednesday, May 2: chicken grill burger, potato gems, catsup, burger salad, fresh apples, chocolate pudding.

Thursday, May 3: fried pork chops, scalloped potatoes, turnip greens, upside down cake, angel biscuits.

Friday, May 4: beef/cheese tacos, Mexican corn, taco salad, pickle spears, doughnuts.

Springtime '90

By JANIE BOTARD

O' what a wonderful time of the year, Springtime '90 is definitely here. Let's put away the sweaters and put away the coats.

Pull out your bathing suits and let's head for the coast.

"Cause Springtime '90 will soon fade away.

NHS inducts new members

By DARRYL ANDERSON

On Thursday, April 5, the Rice High School chapter of the National Honor Society held its annual induction ceremonies. This year four students met the rigorous requirements for induction. Sophomores Becky Korenek, Shanna Brunner and Bonnie Bengue along with Senior Michael Popp all had cumulative grade point averages of at least 2.7 while submitting favorable essays as evaluated by a faculty committee. The N.H.S. President, Brad Baumgarten, gave the welcome. Next, current members Rhonda Prazak, Linda Gold, Hector Tapia, and Scott Janish lit a candle after reading the qualities that an N.H.S. member must possess. Russell Labay then presented each of the inductees with an N.H.S. patch, certificate, and membership card. Then, Brad Baumgarten gave the closing speech with refreshments served afterwards. Rice High School should be proud of these students, and the Raider Review wishes to extend its congratulations.

Stats on 'student of week'

By CHRISTINA SMITH

As the weeks have rolled by this 1989-90 school year, we have taken a look at quite a number of students who have received this honor of being chosen "Student of the Week". Placing his name on the list this week is a member of this year's 1990 graduating class, Brian Amos.

Brian's school activities center on the athletic side and with this he was voted "Most Active" male of the senior class. He takes part in basketball, track, weight lifting and bicycling. While away from school Brian is found traveling and meeting new people.

Brian feels he has learned a lot during his high school years and his mother, Margaret Amos, has been one of his major inspirations. Brian says she makes him keep going and work harder even when he wants to stop. His hard work and determination paid off when Brian went to the state track meet in Austin.

Brian's plans for after graduation are to attend college, even though he has yet to decide which one he will attend. Brian is the son of Margaret Amos of Eagle Lake. Congratulations, Brian!

Batter up

By NATALIE CORDOVA

Catching the ball in the outfield for the Raider baseball team is #6, Michael John Popp, a 6'1", 150 pound senior.

"Although our team has come a very long way, many areas can still be improved. We need to avoid mental lapses and giving up big innings," was Michael's comment on how the team needs to improve. Michael chose Sweeney to be their biggest opponent because even though the Raider team has played many quality opponents, he believes Sweeney has always been the best among the class AAA.

Michael stated that his personal strength in the game is fielding. He feels that God has given him the ability to be a fairly decent outfielder and allows him to keep a positive attitude. Michael's favorite baseball player is Tony Gwynn of the San Diego Padres and he stated that the Houston Astros were his favorite team.

Michael Popp is the son of Mr. and Mrs. John F. Popp of Nada. After graduation, Michael plans to attend junior college for two years with a major in Accounting. Then he hopes to finish his degree at the University of Houston. Michael is an active member in baseball, basketball, Business Club, U.I.L., and National Honor Society. Outside of school, he enjoys watching and playing sports and hanging out with his friends.

Contest for logo/slogan to represent drug free schools and communities

The Rice CISD Drug Education Advisory Council is looking for a logo/slogan to represent our goal of drug free schools and communities.

The Council is sponsoring a contest which is open to grades K-12. There are two categories: 1) Slogan - a short statement to promote freedom from drugs; and 2) Logo - a simple design that would compliment the slogan.

There will be a \$25.00 cash prize awarded to each of the two winners. Students may enter either or both categories.

Entries should be turned in to the school representative, listed below, by Friday, May 4.

We hope that all parents will encourage their children to participate. This will be a very important symbol for our district.

School representatives: Eagle Lake Middle School, Helen Glover; Eagle Lake Primary School - Sharon Webb, RN; Garwood School - Mike Michalka; Sheridan School - Larry Varley; Rice High School - Guy Beane.

Soil, Water Stewardship week proclaimed April 29 to May 6

Emphasizing everyone's role in protecting soil and water resources for future generations, the Colorado Soil and Water Conservation District is encouraging local churches, organizations and individuals to join the nationwide observance of Soil and Water Stewardship Week, April 29-May 6, 1990.

The local district, which works throughout the year on soil and water conservation, measures, is providing literature that highlight man's responsibility to be active stewards of our nation's soil and water resources.

George Cason, chairman of the Colorado Soil and Water Conservation District, said that everyone needs to learn about the impact of their actions and the actions of those around us. "Recognizing that, we can commit ourselves to individual and community action. By using good erosion prevention practices, conserving water or simply planting a tree, we'll each help make the world a better place for our children's children," said Cason.

Since 1955, the National Association of Conservation Districts has sponsored Soil and Water Stewardship Week, in cooperation with nearly 3,000 local districts nationwide, as one way to emphasize the importance of good stewardship of basic soil and water resources.

Materials especially designed to convey the 1990 theme, "Citizens of All Creation" were distributed by the Colorado Soil and Water Conservation District to area ministers attending the breakfast meeting sponsored by the district April 19.

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Medicines With Mutiple Uses

Although we may think that medicines have just one specific use, many medicines have multiple uses. Aspirin, for example, is one of our most versatile medicines. Some health experts refer to it as the "miracle drug." Common aspirin is useful as a pain reliever, fever reducer, and inflammation fighter. Aspirin may also help prevent the occurrence of heart attacks because of its ability to prevent the formation of small clots in the bloodstream.

In low doses magnesium hydroxide (Milk of magnesia) is useful as an antacid. In higher doses, magnesium hydroxide draws water into the bowel and serves as a gentle laxative.

Antihistamines such as diphenhydramine and chlorpheniramine can be used for relief of a variety of health problems. The histamine-blocking action of these medicines makes them valuable in preventing or relieving allergic reactions to pollens, dust, insect bites, poisonous plants, and bee stings. The drying effect of antihistamines provides relief of runny nose and congestion associated with the common cold. Also, the drowsiness associated with most antihistamines makes them ideal ingredients in nonprescription sleep aid tablets and capsules.

Grandma's cataract surgery

Mom's Radial Keratotomy to improve her nearsightedness

Dad's reading glasses

Jenny's contact lenses

Grandpa's treatment of glaucoma

Billy's eye check-up for little league

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